

The background of the entire page is a soft-focus image of green leaves with bright, circular bokeh light effects. The leaves are primarily in the upper half, with some extending down the sides. The bokeh lights are in shades of yellow and white, creating a warm, sunlit atmosphere.

You are planting the seeds to honour and care for our residents

**Join us to create a Commemorative
Healing Garden at St. Patrick's Home**



**St. Patrick's Home
of Ottawa
Foundation**

Keeping the Spirit Alive

Celebrating Canada's
150th Birthday

St. Patrick's Home is one of Ottawa's flagship long-term care homes. We have served seniors in our community for over 150 years.

To celebrate Canada's 150th birthday, we invite you to join us in honouring the residents at St. Pats. With support from loyal donors like you, underused green space on the grounds of the Home will be transformed into a Commemorative Healing Garden.

This garden will give residents and their families a space to reflect, recharge and relax. Healing gardens are proven to improve well-being, and are an important part of St. Patrick's Home's approach to care.

Residents and families have shared with us that while there are spaces to visit together in the home, it would mean a lot to have a more private and quiet space.

**By 2024, more than
1 in 5 Canadians
will be a senior citizen**



You are Planting the Seeds

Our Commemorative Healing Garden will create a quiet space of refuge, where one can be completely immersed in nature, surrounded by calming plants and trees.

With your support, a parcel of land on the south end of our property will be transformed into a Commemorative Healing Garden.

We will also increase the use of the Larry Kelly Garden by adding more useable space and shade by building a gazebo. Our new garden will link together our existing green spaces and make them easier for our families to find and use.



“We know that exposure to nature can significantly reduce resident stress, and a well-planned landscape design will offer security and comfort to those who live at St. Pat’s.”

**-Janet Morris
President & CEO
St. Patrick's Home**

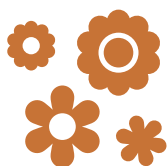
The Healing Power of Our Garden



Accessible: Our Commemorative Healing Garden will welcome everyone in our community. Its fully accessible entrance, pathways and materials will convey hospitality to those who use wheelchairs or walkers.



Inviting: Our Commemorative Healing Garden will be a bright and glorious sign of welcome for all who enter, inviting rest, lingering, and conversation. It will be a calm and beautiful place for solitude or for visiting with family and friends.



Contemplative: The plantings and other natural features will awaken the senses of sight, smell and touch, creating an environment for introspection and prayer for those facing some of life's biggest questions and challenges.



Community: A low perimeter wall with benches along the walkway at the south end of the property will invite neighbors and passers-by to pause for a moment to talk or to rest.



Spiritual: Our Commemorative Healing Garden will be a place to come together for music and memorials, and other celebrations to heal and renew the spirit.



Remembering: The garden will have dedicated areas to honour the hundreds of men and women who have lived at St. Pat's. Our garden will also give thanks for those who live with us today and humbly anticipate the men and women who will join us in the years to come.

"A garden of love grows
in your heart and soul."
- Unknown



Join us now to create a quiet, healing haven

Your generosity is urgently needed to raise the \$100,000 it will cost to build the Commemorative Healing Garden.

Your gift will transform our green space and create a healing garden for our residents and community.

Your investment in St. Pat's Commemorative Healing Garden will renew the spirits of our residents, and will honour the memory of those who have lived with us.



You can be part of this exciting project




You can become a part of the Commemorative Healing Garden. Make your donation today by calling St. Patrick's Home Foundation at: 613-731-4660 Ext 350

If you would like to learn more, we would be happy to provide you with a tour of the site.

Ruth Catana | Executive Director

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