

**ST. PATRICK'S
HOME OF OTTAWA
FOUNDATION 2017
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Volunteers are the Heart

From building a new Home to helping our residents, you have made so many dreams come true, created hope and inspired care for the residents of St. Patrick's Home.

Volunteers are at the Heart of St. Pat's.

Since 1865, St. Pat's Home has relied on volunteers to support our residents. Today, we have more than 200 active volunteers who are dedicated, generous in spirit, kind and compassionate. On behalf of St. Pat's Home we would like to extend our heartfelt thanks and sincere gratitude to all of our volunteers. There are so many areas our volunteers come into play, from portering our residents, assisting with bingo, friendly visits, arts and crafts and special outings throughout the year. With a total of 15,700 hours given during 2016, we remain eternally grateful for their commitment.

Gratitude



REPORT

2016



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Message from the Chair and Executive Director

Supporting Exceptional Care!

On behalf of our physicians, nurses and health care professionals whose expert and compassionate care for our residents right here in Ottawa is further supported by your on-going generosity, thank you!

You make it possible. You ensure St. Patrick's Home is able to meet the growing health care needs of our residents. And this year was no exception.

Because of you, St. Patrick's Home Foundation continues to support and strengthen our therapeutic programs and services that are delivered daily. Your gifts have made a difference for countless residents and their families. You helped seniors stay connected to their community by funding day trips to various festivals, coffee shops, music events and many more outings, your support provided comfort to our residents through visits from our palliative and spiritual care team, and you helped purchase state-of-the-art medical equipment.

We are most grateful for the ever increasing support from our community and our donors. St. Patrick's Home is here for you, your loved ones and our entire community.

At St. Patrick's Home Foundation, we are grateful to work with the St. Patrick's Home medical team. The team of professionals, staff, residents and volunteers who keep us focused on what matters the most—our residents. Your donation is making a difference. We look forward to your on-going commitment to the residents and their families. As you read this Gratitude Report, we hope you take a moment to reflect and celebrate the many accomplishments you've made possible and that will have a lasting impact for our residents and their families.

Sincerely,



Jan Kaminski Jr.

Chair, St. Patrick's Home Foundation



Ruth Catana

Executive Director



5 Extraordinary Things You Made Happen In 2016:

- 1 You helped residents stay connected through the Community Engagement Program.**
Social outings and activities are an important and enjoyable part of life for all of us. At St. Pat's, we believe it is extremely important to know and understand each and every resident's personal interests in order to offer a variety of activities and social events that will provide on-going interest and benefit for our residents. The importance of a fulfilling social life is important to the health and wellbeing of our residents. A number of residents were able to attend sporting events, go on a fishing trip, visit a local coffee shop, go shopping and play billiards. The list goes on and our residents are so thankful to be able to be out in the community.
- 2 You brought new and enhanced therapy programs to our residents.**
A music therapy program has been established at St. Pat's to provide intellectual and recreational inspiration to those who are isolated from our greater arts community so that they might experience the enjoyment of professional performances in their own "HOME" setting. Through donations, we have been able to purchase pianos, CD players and iPods for the residents' enjoyment and we have regular music programming throughout the Home.

Our horticultural therapy program is also up and running now. It is a great opportunity for our residents to experience meaningful interactions between people and plants to improve cognitive, physical, social, emotional and spiritual well-being. Your support has been essential to providing all the materials needed to make this program such a success, here at St. Pat's

Programs like these are critical to improving the quality of life of our residents and would not be provided without you.
- 3 You provided comfort to our residents through the Palliative and Spiritual Care program.**
The care St. Pat's provides to every resident touches the lives of many people: spouses and partners, children, grandchildren and friends. For them, it can comfort them to see their loved one receive compassionate care. In 2016, over 3,000 visits were made by our amazing palliative and spiritual care team and volunteers. Our dedicated team offers a support system to help families and friends cope with grief and bereavement.
- 4 You helped care for seniors with the purchase of medical equipment**
New donor-funded medical equipment is making a big difference to our residents. When we use your donations to invest in medical equipment we always ask "How will this improve resident care?" We do this because healthcare technology is expensive and it improves very quickly. We purchased a number of lifts and slings. The new equipment enables residents to be more mobile and facilitates care.
- 5 You helped fund education and training for our staff.**
St. Pat's relies on its highly trained staff to deliver the best resident care every day. We invest in education and training year round. Education is central to our vision of providing compassionate care serving the special and complex healthcare needs of our residents. We take it a step further by using a person-centred model of care, which puts residents and their families at the centre of everything we do.

As one of Ottawa's highly respected providers of long-term care, St. Patrick's Home stands at the heart of the Ottawa Community: Providing compassionate care for members of our greatest generation. This generation provided the greatest number of individuals who've taken the hero's journey. Their journey includes tales of personal growth, selfless sacrifice and triumph against great odds. Now it is our turn to pay tribute to these selfless members of our community. To care for them the way they cared for us.

St. Patrick's Home. Enhancing Life. Excelling in Care.