

Celebrating You



St. Patrick's Home
of Ottawa
Foundation

GRATITUDE REPORT 2017



Message from the Chair and Executive Director

The Gift of Love, Respect and Dignity

Thank you for your continued support and generosity by giving to St. Patrick's Home Foundation in support of the residents who call St. Pat's their home.

It is truly remarkable to see our community come together to support our seniors. In 2017, through the generous donations of people like you, we were able to support the priority needs of the Home by funding the purchase of medical equipment and enhancing our Palliative and Spiritual Care Services by providing over 3,000 visits for our residents.

Through your generosity we have been able to boost our Social & Community Engagement Program, where residents have the opportunity to attend community events, go on visits to museums and take pleasure in viewing the sights and sounds of Ottawa - the community they helped build.

These are but a few of the initiatives that you supported!

The work of St Patrick's Home of Ottawa Foundation has a direct impact on the lives of our residents. Donors like you continue to ensure the very best care by funding medical equipment, as well as programs and services that keep residents' bodies, minds and spirits engaged.

St. Patrick's Home of Ottawa has brought love, warmth and dignity to Ottawa seniors since 1865, inspired by the compassionate spirit of Saint Marguerite d'Youville.

In order to continue to enhance the quality of life of our residents and transform their long-term care experience, St. Patrick's Home Foundation needs your support. It is critical that we provide seniors with access to specialized, continually-improving care.

You are part of our shared legacy of care. Please accept our heartfelt thanks for your support and generosity. We are most grateful to all our donors, volunteers, and the exceptional medical team who make St. Patrick's Home a compassionate and caring Home.

With gratitude,



Philip Brock
Chair



Ruth Catana
Executive Director

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Ruth Catana,
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Manager of Finance

What we achieved together in 2017...

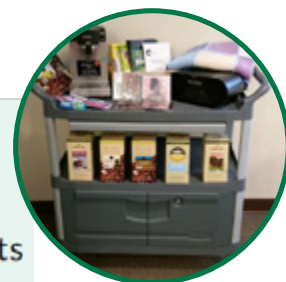
Below are some of the highlights from the past year, made possible by you.
Thank you for your compassion and dedication to enhancing residents' quality of life.



A resident on a visit to the War Museum



Palliative & Spiritual Care, helping to relieve suffering and offering support through visits with residents and comfort carts for families



Palliative Care Carts, providing comfort to families



Social & Community Engagement, giving residents the opportunity to experience activities outside of the home



Installing a ceiling track in a resident's room, to make it easier for them to transfer safely out of bed



A new gazebo in the Larry Kelly Family Garden (to be built in 2018)



The big yellow bus pulls up outside St. Pat's to take residents on an exciting outing



Medical equipment, such as ceiling tracks, lifts, and slings, ensuring residents' safety and comfort



Musical activities & music therapy, helping residents find renewed joy and fulfillment in their lives



Residents enjoying a special St. Patrick's Day performance in the Gathering Place



Residents were moved to tears at Roxy Swan's in-home sign-along



GETTING TO KNOW OUR RESIDENTS

Learn more about the people you are supporting

Number of residents who call St. Pat's their home, with 2 beds reserved for respite visits

288



70% of the residents at St. Patrick's Home are female

78% of residents have a diagnosis of dementia



84 years

Average resident's age. Over 90% of residents are over the age of 70

39% of residents have some form of depression



97% of residents surveyed are satisfied living at St. Pat's

Volunteers contributed 15,236 hours last year, helping residents at the Home



93% of families surveyed say that their loved one is safe & secure at St. Patrick's Home

LEADERS
*n*Pearls

Celebrating a Milestone with Leaders 'n Pearls

Over the past three years, Leaders 'n Pearls, our Women's Giving Circle has contributed over \$50,000 towards the Home's musical activities and Social & Community Engagement program. Both of these programs have tremendous benefits for residents, improving their quality of life and health. We are privileged to have a group of women who support the Home and are having a profound impact on the lives of our residents.

Dancing Through Life



Every Tuesday, you will find Teresa and Russ Mildenhall volunteering their time and expertise leading a dance class at St. Pat's for residents experiencing dementia and memory challenges, which Russ and Teresa have first-hand experience with from each of their parents. They feel very passionate about dance as a way to connect with residents, to reach their souls and find that spark within them.

The Mildenhalls were driven to do more to improve residents' day-to-day lives, beyond volunteering. This led them to approach the Foundation with an idea and a wish to set up a fund that would impact residents directly.

Thus, the Four Saints Fund Endowment Fund, was created last year by the Mildenhalls, and is inspired by their families and the following four saints:

- St. Cecilia, Patron Saint of Musicians: for activities that bring music for the enjoyment of residents;
- St. Vitus, Patron Saint of Dancers: for activities that encourage appreciation or participation in dance;
- St. Therese of Liseux, known for her acts of kindness: for financial support of residents of limited means to participate in enrichment activities organized by the home; and
- St. Antony of Padua, Doctor of the Church and Patron Saint for the recovery of lost items: for residents diagnosed with dementia, to support activities that encourage their participation in activities and personal growth.

It is their hope that the Four Saints Fund will provide sustainable, long-term funding to directly help with improving and meeting residents' needs for quality of life where no other funding is available.

Russ and Teresa firmly believe that "it's about what will make the residents happy today, so that when they go to sleep at night, they know that they've lived their lives to the fullest every day."

We are grateful to Russ & Teresa for their leadership and compassion towards our residents.

St. Patrick's Home of Ottawa Foundation

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To see how you're having an impact in residents' lives every day, follow us on Facebook and Twitter or visit our website for ongoing updates.

To receive this newsletter by email, contact us at 613-731-4660 or foundation@stpats.ca



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